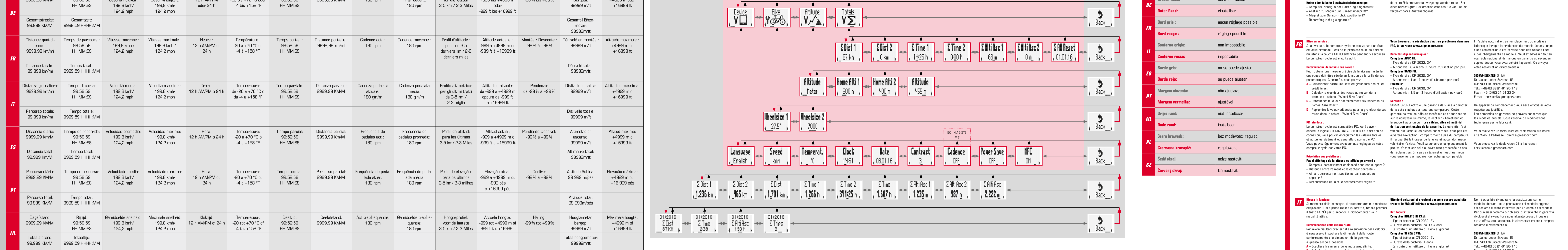


Start-up / Erste Inbetriebnahme / Missa en funzione / Puesta en funcionamiento / Pliniaвање u funkciji / Inbetriebnahme / Erste Inbetriebnahme / Missa en function / Puesta en funcionamiento / Pliniaвање u funkciji

Installation instructions for the battery, including diagrams showing the battery pack being inserted into the device and the correct orientation of the battery terminals.

Main structure / Menu structure / Structure de menu / Estrutura de menu / Estructura de menu / Menüstruktur / Struktur menu / Struktura menu



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Operating concept for the M, A, and B buttons. It explains how to use these buttons for navigation and setting adjustments, such as pressing M for the main menu or A for forward navigation.

Important settings and warnings. This section highlights key features like the NFC function, which allows for data transfer to a smartphone, and provides instructions on how to enable and use it.

Language and display settings. This section details how to change the device's language and adjust display options like backlighting, brightness, and screen timeout.

Device settings and adjustments. This section covers various settings such as the alarm clock, weather forecast, and data synchronization with a smartphone.

System maintenance and battery care. This section provides instructions on how to perform a soft reset, update the device's firmware, and maintain the battery for optimal performance.

Additional features and troubleshooting. This section describes advanced features like the heart rate monitor and provides tips for resolving common issues.

Technical specifications and contact information. This section lists the device's technical details, including its dimensions, weight, and battery capacity, along with the manufacturer's contact information.

